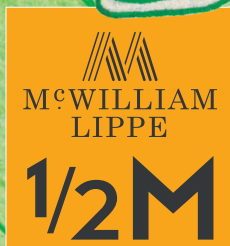


run
garioch
2025



EVENT PROGRAMME

PROGRAMME SPONSOR

**Raeburn Christie
Clark & Wallace**



SUNDAY 11th MAY 2025

www.rungarioch.co.uk

Dear Runner,

For as long as I can remember, the first page of the programme you're now reading has been called the 'Race Director's Welcome'. But it takes a whole community – not just a Race Director – to create something special like Run Garioch.

Our charity partners, runners, spectators, volunteers and the wider GSC Family that both supports and benefits from our event are all part of that Run Garioch community. Our committee members are also part of that community, and here are just some of their reflections on what it means to them:



Keith Whyte (Garioch Sports Trustee since 2002)

When a few of us came up with the "mad idea" for a Community Run in autumn 2005, we had no idea just how wonderful an annual event it would become. March 2006 saw the inaugural Garioch 10K with around 200 keen runners taking part. And look where we are now! Over 2000 compete annually in our 5K, 10K, Half Marathon and Junior Races and thousands more support the event on the day, reflecting what has become a truly community supported event for the Garioch Sports Centre. The GSC, like so many other charities you run for, is extremely grateful for the fundraising done at Run Garioch. Our community has literally "kept the lights on" for nearly 20 years, while at the same time having fun, getting and keeping fit and feeling a sense of pride at being part of a great local event.

Graham Hudson, Assistant Race Director

Having been involved with Run Garioch since the very early days, I have been fortunate to witness how it has grown from one race, to many, and become a key fixture in the national running calendar. Over the years the increase in the number of participants has been matched by an increase in the number of houses in and around the race routes, as well as an increase in the amount of traffic using the same roads. This has meant that we have had to constantly review the routes, how we marshal them and how we control traffic to ensure everyone's safety and enjoyment. To this end, we have now engaged specialist professional organisations to assist in the event. However, the bedrock for delivering Run Garioch is the volunteers who help marshal the routes, look after the start/finish areas and tend the Event Village. Without these volunteers there would be no Run Garioch, so a major thank you goes out to all those who give their time to make sure that our event can take place.

Vikki Mearns (RG Committee member and Inverurie Kettlebells instructor)

Watching the planning and work that goes into the event and then seeing it come together on race day is one of my favourite things about being involved. Seeing runners of all ages able to take part and enjoy the day make it all worthwhile. The committee work hard together to create Run Garioch – and each year the event gets better. The atmosphere on race day is always buzzing. The Garioch Sports Centre is a great community facility, providing space for many clubs and groups to train. It offers the community so many things, from jobs to fitness classes and nights out. It's good to see how the money raised from Run Garioch is invested back into the facility to support it as a charity. Thank you for being part of our community by entering this year.

So, you see, Run Garioch is about much more than the work of one person. It might be my name printed underneath these words, but it's the entire Run Garioch community, each and every one of us, welcoming you to the Garioch Sports Centre on Sunday, 11 May. And we hope every one of you has a fantastic day.

Graham Morrison
Race Director RG2025

Raeburn Christie Clark & Wallace

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Sunday 11th May 2025

run 9arioch

Call us on **01467 629300** or email
inverurie@raeburns.co.uk to make an appointment.

Our Event Programme Cover Design

Choosing the winner of our competition to design the front cover of the Run Garioch Event Programme has never been easy. But with over 275 amazing entries this year – more than double last year's numbers – it was harder than ever.

In the end our shortlisting committee, made up of members of the Run Garioch Committee and Allan Charles from our graphic designers CP&Co., drew up a shortlist of 10 to present to our Event Programme sponsors, Raeburn Christie Clark & Wallace.

After careful consideration, RCCW made their choice: the very happy and athletic banana drawn by Freya Comber, an S2 pupil at Inverurie Academy.



Explaining their choice, RCCW partner Faye Donald told us: "We were impressed by all of the finalists and had difficulty picking a winner. But the winning entry stood out to us because it reflects how we see the run: a healthy but fun family event for the locals in Inverurie. And what better way to reflect a healthy fun event than a racing banana? Freya's clever use of colour and the background of the hills and valleys of the Garioch cemented our decision. Well done to Freya for such a clever and unique idea."

RGHQ caught up with Freya just before the Easter holidays to congratulate her on her win, as well as learn more about her design. She told us that her art teacher Mrs Bingham encouraged everyone in her class to create a cover design. Not all students submitted their finished creations to the competition, but Freya took the plunge. "I thought it was OK," she told us, "but I never thought I would win!"

In addition to seeing her creation on the front cover of the Event Programme, Freya also wins a £25 Strachan's voucher, an A3-size version of her design to keep as a memento and a day's pitch hire at the Garioch Sports Centre for Inverurie Academy.

Freya told us she took inspiration from our very first cover design winner from 2022: Tomas Allan's very determined avocado. Freya immediately made the connection between bananas, running and energy. She explained, "Mrs Bingham showed us the avocado and I thought: I want to do a banana. I eat a lot of bananas for energy before my netball matches."

Freya's mum Suzanne was full of praise for Inverurie Academy, whose pupils alone submitted over 120 entries and whose S2s in particular were well represented on our shortlist. She said, "It's wonderful that the school encourages children to take part in activities like these, especially as they get older. Freya always used to draw as a child, and it was great to see her take up her pencils again."

"It's also great to see the pupils and teachers support this community event in any way that they can. You don't have to run to support Run Garioch."

CONGRATULATIONS TO THE OTHER ARTISTS ON OUR SHORTLIST:

- "Jack" (10) P6, Strathburn School • Arabella Ezard (9) P4, Strathburn School
- Sadie Hide (13) S2, Inverurie Academy • Euan Hosie (13) S2, Inverurie Academy
- Lily Paterson (13) S2, Inverurie Academy • Nico Porter-Williams (6) P2, Uryside Primary School
- Euan Scallan (12) S1, Inverurie Academy • Raegan Grace Singer (13) S2, Inverurie Academy
- Rebecca Sternad-Hunter (13) S2, Inverurie Academy

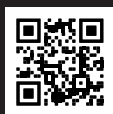
The committee's favourite design from a city school was by Olivia Hill (P5, age 9), who wins a half-day hire at ASV for Glashieburn School.

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CAT 1: GIRLS [Age 4,5,6]

Please go to your signposted warm-up area between **12:45pm & 12:55pm**, to be ready for the start at **1:00pm**.

CAT 2: GIRLS [Age 7,8,9]

Please go to your signposted warm-up area between **1:05pm & 1:15pm**, to be ready for the start at **1:20pm**.

CAT 3: GIRLS [Age 10,11,12]

Please go to your signposted warm-up area between **1:30pm & 1:40pm**, to be ready for the start at **1:45pm**.

CAT 1: BOYS [Age 4,5,6]

Please go to your signposted warm-up area between **12:55pm & 1:05pm**, to be ready for the start at **1:10pm**.

CAT 2: BOYS [Age 7,8,9]

Please go to your signposted warm-up area between **1:15pm & 1:25pm**, to be ready for the start at **1:30pm**.

CAT 3: BOYS [Age 10,11,12]

Please go to your signposted warm-up area between **1:45pm & 1:55pm**, to be ready for the start at **2:00pm**.

PRIZEGIVING INFORMATION

Prizes and certificates will be presented to the first, second and third fastest girls and boys in each of the three race categories.

**THE PRIZEGIVING WILL BE HELD AT 2:45PM
IN THE DANDARA EVENT VILLAGE**

This year, the CP&Co. Junior Run will start and finish in the fields behind Strathburn Park, to the west of the GSC's 3G football pitch.

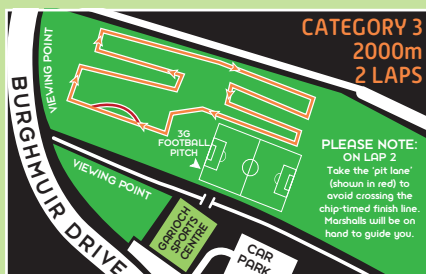
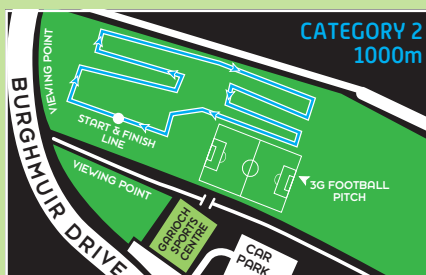
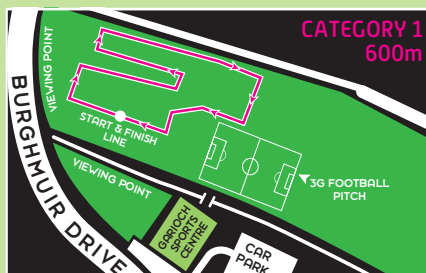
Runners should head to the waiting zone at the times indicated for their categories. There will be event marshals and signage in the area to direct them. Please also feel free to ask the marshals or staff at Junior Run HQ for assistance or information at any time.

Parents/guardians are NOT permitted within the waiting area. For good views of all the races, head to the start/finish area and the 'hills' next to the path on the Burghmuir Drive side of the park.

After finishing their races, runners will be directed to the finish zone, where they will await collection.

PLEASE NOTE:

The collection of your child / children is the full responsibility of the parent(s) or guardian(s).





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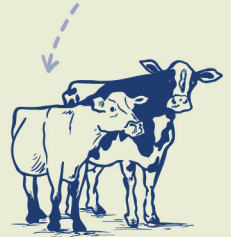
While the sun and the rain grow the crops



Which is then driven the 19.2 miles from the farm to our ice cream parlour in Aberdeen



Who produce the fresh milk and cream used in every tub or scoop



Which feed the cows

Visit our ice cream parlour to taste Scotland's best-selling ice cream, only 19.2 miles from the family farm where it's been made since 1986.

WE'RE DELIGHTED TO BE SUPPORTING THE MACKIE'S 5K.
GOOD LUCK IN THE RACE!

MARISCHAL SQUARE COURTYARD, ABERDEEN, AB10 1BL

Terms & Conditions: Valid Until 31/05/2025. Not valid with any other promotion or discount.

RACE ASSEMBLY

9:05am

RACE START

9:15am

RACE DISTANCE

5km

2024 WINNING TIME

16:13

PRIZEGIVING DETAILS

The Mackie's 5K Prizegiving
will be held at
**9:45AM IN THE
DANDARA EVENT VILLAGE**

- PLEASE ENSURE THAT YOU ARRIVE IN GOOD TIME TO DEPOSIT YOUR BELONGINGS AND PREPARE FOR THE START.

PRIZE INFORMATION

OVERALL WINNER, MALE & FEMALE:

£100 cash and trophy PLUS a
year's supply of Mackie's ice
cream and chocolate

2ND OVERALL, MALE & FEMALE:

£75 cash

3RD OVERALL, MALE & FEMALE:

£25 cash

FASTEST JUNIOR (AGE 12-17), MALE & FEMALE:

£25 cash PLUS a year's supply
of Mackie's ice cream and
chocolate

**PRIZES TO SENIOR,
VETERAN, SUPER VETERAN
& VINTAGE MALE & FEMALE**
PLUS 5 chocolate bars & 5 ice
cream vouchers to category
winners

FASTEST SECONDARY SCHOOL:

5 Mackie's chocolate bars
for every runner on the
school team

**JOGSCOTLAND GROUP WITH
THE MOST RUNNERS IN THE
5K, 10K & HALF ON THE DAY:**
£50 & The Paul Douglas Shield



PLEASE NOTE: The Mackie's 5K route has been marked throughout with BLUE / WHITE SIGNS and ascending kilometre markers. Please follow these signs as well as directions from our race marshals.

**THERE ARE NO WATER STATIONS ON THE
MACKIE'S 5K ROUTE.**



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01467 625424 | Thainstone Agricultural Centre, Thainstone, Inverurie AB51 5WU



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RACE ASSEMBLY

10:20am

RACE START

10:30am

RACE DISTANCE

10km

2024 WINNING TIME

33:40

PRIZEGIVING DETAILS

The NFU Mutual
10K Prizegiving will be held at
**12:15PM IN THE
DANDARA EVENT VILLAGE**

- PLEASE ENSURE THAT YOU ARRIVE IN GOOD TIME TO DEPOSIT YOUR BELONGINGS AND PREPARE FOR THE START.

PRIZE INFORMATION

OVERALL WINNER, MALE & FEMALE:

£100 cash and trophy
PLUS £100 in Run 4 It vouchers
courtesy of NFU Mutual
Aberdeen City & Shire

2ND OVERALL, MALE & FEMALE:

£75 cash PLUS £50 in Run 4 It
vouchers courtesy of NFU
Mutual Aberdeen City & Shire

3RD OVERALL, MALE & FEMALE:

£25 cash PLUS £50 in Run 4 It
vouchers courtesy of NFU
Mutual Aberdeen City & Shire

PRIZES TO 1ST, 2ND & 3RD MALE & FEMALE SENIOR, VETERAN, SUPER VETERAN & VINTAGE

FASTEST RUNNING CLUB / JOGSCOTLAND GROUP MALE & FEMALE

3 x £10 cash

AB51 BUSINESS CHALLENGE SHIELD

NFU MUTUAL 10K AGCC "CHALLENGE CUP"

PLUS £100 donation to an
official RG Charity Partner

FASTEST JUNIOR (AGE 16-17), MALE & FEMALE:

£25 cash



PLEASE NOTE: The NFU Mutual 10K route has been marked throughout with YELLOW / BLACK SIGNS and ascending kilometre markers. Please follow these signs as well as any directions from our race marshals.

THERE IS ONE WATER STATION ON THE NFU MUTUAL 10K AROUND THE HALF WAY POINT





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Architects Registration Board of Scotland

RACE ASSEMBLY

10:05am

RACE START

10:15am

RACE DISTANCE

13.1 miles

2024 WINNING TIME

1:23:04

PRIZEGIVING DETAILS

The McWilliam Lippe 1/2M
Prizegiving will be held at
**12:45PM IN THE
DANDARA EVENT VILLAGE**

- PLEASE ENSURE THAT YOU ARRIVE IN GOOD TIME TO DEPOSIT YOUR BELONGINGS AND PREPARE FOR THE START.

PRIZE INFORMATION

OVERALL WINNER, MALE & FEMALE:
£100 cash and trophy

2ND OVERALL, MALE & FEMALE:
£75 cash

3RD OVERALL, MALE & FEMALE:
£25 cash

PRIZES TO 1ST, 2ND & 3RD MALE & FEMALE SENIOR, VETERAN, SUPER VETERAN & VINTAGE



PLEASE NOTE: The McWilliam Lippe Half Marathon route has been marked throughout with ORANGE / BLACK SIGNS and ascending mile markers. Please follow these signs as well as any directions from our race marshals.

THERE ARE 3 WATER STATIONS ON THE MCWILLIAM LIPPE HALF MARATHON AT APPROXIMATELY 4M, 6.5M & 10.5M.



All-day food and fun for **EVERYONE** in the new Dandara Event Village

Open from 9am to 3pm and located in the lower car park of the Garioch Sports Centre, the Dandara Event Village will be the beating heart of our 2025 race day.

Whether you're waiting to see a friend cross the finish line, entertaining the kids while the rest of the family runs or in need of refreshment (or a massage!) after completing your own challenge, the Dandara Event Village is the place you need to be.

From street food to seafood, BBQs and burgers to bratwurst, we'll satisfy every appetite. Fancy a drink? We'll have two coffee vendors on site, as well as local gin. Have a sweet tooth? Pick up some decadent local bakes and cakes, or fresh, hot donuts made on site. And of course, our 5K sponsors Mackie's of Scotland will be selling their famous ice cream all day.

To keep the kids entertained, we'll have a bouncy castle and face painting – as well as games and challenges provided by our charity partners and local sports clubs.

All of our prize-givings will be held in the race Marquee, so you can raise a glass to our winners. We'll also have selfie frames and backdrops on hand to help get your own perfect snaps for the 'Gram!

Entry to the Dandara Event Village is **FREE** and open to **EVERYONE** in our community. Check out our full list of food & drink, vendors, charity stalls and family fun at www.rungarioch.co.uk/event-village.

A colorful poster for the Dandara Event Village 2025. It features a blue sky background with a large white cloud in the center containing the text 'JOIN US FOR OUR 2025 EVENT VILLAGE'. To the left of the cloud is a yellow sun with 'FREE ENTRY' written inside. To the right is the 'dandara run garioch EVENT VILLAGE 2025' logo. Below the cloud, the text 'FUN FOR THE WHOLE FAMILY' is written in large blue letters, followed by 'BOUNCY CASTLES • FOOD & DRINK' and 'FACE PAINTING • AND MORE'. At the bottom, the location 'GARIOCH SPORTS CENTRE INVERURIE, AB51 4GY' and the date 'SUNDAY 11TH MAY 9AM-3PM' are listed. The poster is decorated with illustrations of four children (two girls and two boys) holding balloons and a cotton candy stick.

TIMETABLE OF EVENTS

Dandara Event Village	Opens 0900
Mackie's 5K	0915
Mackie's 5K Prizegiving in the Dandara Event Village.....	0945
McWilliam Lippe Half Marathon.....	1015
McWilliam Lippe HM Prizegiving in the Dandara Event Village...	1245
NFU Mutual 10K.....	1030
NFU Mutual 10K Prizegiving in the Dandara Event Village	1215
CP&Co. Junior Run Cat 1 Girls [ages 4, 5, 6]	1300
CP&Co. Junior Run Cat 1 Boys [ages 4, 5, 6]	1310
CP&Co. Junior Run Cat 2 Girls [ages 7, 8, 9]	1320
CP&Co. Junior Run Cat 2 Boys [ages 7, 8, 9]	1330
CP&Co. Junior Run Cat 3 Girls [ages 10, 11, 12].....	1345
CP&Co. Junior Run Cat 3 Boys [ages 10, 11, 12].....	1400
CP&Co. Junior Run Prizegiving in the Dandara Event Village	1445

GETTING TO RUN GARIOCH

If you're driving to Run Garioch from the north of Inverurie, we would encourage you enter the town via the old A96 (Crawford Road). If you're driving from the south, please enter via the A96 at Port Elphinstone (BP station roundabout). Burghmuir Drive will be closed all day from the Morrisons roundabout to the Brankie Road junction. Burghmuir Circle will only be open for local access and VIP parking (and both only via the Strathburn Hotel junction). There are many public car parks in town, free to use on a Sunday. Parking for our disabled athletes and spectators is available at the Strathburn Hotel with their kind permission. More detailed information about road closures and the suggested driving routes to Inverurie is available on the website.

RACE NUMBERS & TIMING CHIPS

Your electronic timing chip is incorporated into your race number. Please follow the instructions included in the Event Programme following the Essential Race Day Information pages.



ESSENTIAL RACE DAY INFORMATION

RACE T-SHIRT COLLECTION

Shirts will be available for collection from the GSC before, during and after the event. Collection days/times will be posted on our social media accounts closer to race day. Please bring ID/a copy of your order.

INFORMATION / LOST PROPERTY / ENQUIRIES

Race HQ will be located in a gazebo outside the Garioch Sports Centre Reception.

BAG DROP & CHANGING AREAS

Our changing areas and bag drop will be located in the Garioch Sports Centre. Volunteers from 1st Daviot Oldmeldrum Scouts will be operating the bag drop and will be collecting donations for their activities. Please use the personalised bag tag included in your race pack.

TOILETS

Toilets and urinals will be located in the lower car park. Accessible toilets, space for nursing mothers and baby change facilities will be available inside the Garioch Sports Centre.

FIRST AID

Qualified first aid professionals will be based at the Garioch Sports Centre as well as at the finish line and various points around the race routes.

MASSAGE

For any post-race aches or niggles, L.A. Massage Therapy will be providing sports massage in the Dandara Event Village in exchange for a donation to charity.

DANDARA EVENT VILLAGE

Our popular Event Village has been totally reimagined for 2025! Our charity partner, community and family-fun stalls will be joined by over a dozen local food vendors, offering everything from coffee and gin to pizza, street foods and baked goods. Make sure you save some room for Mackie's ice cream though! Check out the latest list of vendors on www.rungarioch.co.uk/event-village

WATER & HYDRATION STATIONS

As part of our commitment to the environment, Run Garioch has removed all single use plastics from the three water stations on the McWilliam Lippe Half Marathon, the one water station on the NFU Mutual 10K and the finish lines of the main races and the CP&Co. Junior Run. Water will be supplied in recyclable paper cups on the race routes and there will also be water for those who wish to fill their own bottles/hydration packs. There will also be several hydration stations at the start/finish area for runners to fill their own bottles before and after the event.



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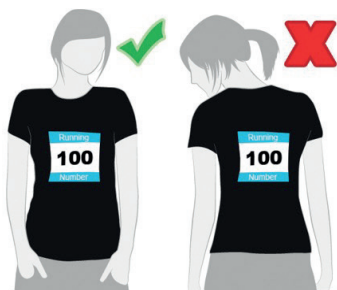


hello@kellas-legal.com

Run Garioch 2025 Water Station Sponsor



MyLaps BibTag Instructions



Your Bib must be clearly visible on the front of your running vest / t-shirt

Your Bib must not be altered in any way or covered by any clothing / tri belt

Do Not Bend, Twist or Fold your Bib

Do Not cover your number when crossing timing mats
(eg. Stopping your watch etc.)



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SINCLAIR'S

Our Charity Partners



AberNecessities provides disadvantaged families in North-East Scotland with the essential and basic necessities that no child should go without. From maternity bundles for mother and baby to nappies, formula milk, clothing, toys and books, and equipment for children aged 0–18, we recognise the importance of meeting the basic needs of a child in order to give them the best start possible. We work closely with a body of professionals across the NHS, and social work and education systems, supporting local children living in poverty to ensure that there are more full tummies, more cosy hands and feet, and more smiles.

Contact: Pauline May **Tel:** 01224 784000

Email: pauline@abernecessities.co.uk

www.abernecessities.co.uk

f @abernecessities **@** @abernecessities_scio

in @abernecessities

Social media: #NoChildShouldGoWithout #AberNecessities



Cash for Kids are a grant-making charity helping the children who need it most across the UK. We support disadvantaged children and young people up to and including 18 years old who are affected by poverty, abuse, neglect and life-limiting illness, as well as those who have additional needs. We fundraise all year round and distribute grants at least twice a year.

Contact: Megan Deans **Tel:** 01224 001780

Email: megan.deans@bauermedia.co.uk

hellorayo.co.uk/northsound/cashforkids

f **@** **x** cashforkidsnes



Children's Hospices Across Scotland

CHAS provide a full family support service for babies, children and young people with life-shortening conditions. This includes palliative care, family respite and support through our hospices, homecare services and hospital presence. We support families through the terrifying heartbreak of knowing their child may die young. With love and compassion, we offer highly personalised care at home, hospital and hospice. We make things possible so children have the freedom to be themselves, play outside, laugh, sparkle, smile and have treasured moments of joy. We are there when needed most – on really tough days, at end of life and after a child dies.

Contact: Kim Scott **Tel:** 07442 633219

Email: kimscott@chas.org.uk

www.chas.org.uk

f **x** @supportCHAS

Our Charity Partners

Community
Integrated
Care

Community Integrated Care is one of the UK's biggest social care charities, supporting thousands of people with support needs to live the best lives possible. The charity merged with Inspire in August 2023 and now supports more than 400 people in the North-East of Scotland, empowering them to make their own life choices by enabling lifestyles that are both safe and fulfilled and promoting independence.

Contact: Andrew Reid **Tel:** 01224 280005

Email: Andrew.Reid@c-i-c.co.uk

www.communityintegratedcare.co.uk

[f](https://www.facebook.com/communityintegratedcare) @communityintegratedcare [x](https://www.instagram.com/ComIntCare) @ComIntCare



Inverurie Community Partnership exists to support people in need by reason of poverty, ill health, disability, unemployment or other social or financial need. In September 2023, we established a food bank (operating on a pantry model), which offers a safe and dignified method of obtaining food, hygiene and pet supplies. We rely on supermarket waste to stock our shelves alongside ad hoc donations from the community. We also offer a free advice and information service offering financial first-aid appointments to help with matters such as assistance with benefit checks, help to claim benefits, assistance with housing, debt and fuel poverty and applications such as Blue Badges, bus passes and small grants. Funds raised through Run Garioch will help us sustain our stocks and assist us in expanding our advice and information service.

Contact: Ingrid Baker **Tel: (including WA):** 07437 421410

Email: inveruriecommunitypartnership@gmail.com

[f](https://www.facebook.com/InverurieCommunityPartnership) @InverurieCommunityPartnership



MENTAL HEALTH
ABERDEEN

Mental Health Aberdeen (MHA) is a local charity that provides free counselling and information services to adults and young people experiencing difficulties related to their mental health and wellbeing. MHA was formed in 1950, making us one of the oldest charities working with people experiencing mental health difficulties. Our aims both then and now are to provide support to anyone facing mental health challenges, educate the local community about mental health, and promote emotional wellbeing for all. Our projects offer more than 22,000 free counselling sessions each year.

Contact: Libby Stainer **Tel:** 01224 590510

Email: fundraiser@mhaberdeen.org.uk

www.mha.uk.net/

[f](https://www.facebook.com/MentalHealthAberdeen) MentalHealthAberdeen [i](https://www.instagram.com/mentalhealthaberdeen) @mentalhealthaberdeen

[in](https://www.linkedin.com/company/mentalhealthaberdeen) @mentalhealthaberdeen

Our Charity Partners



The Garioch Sports Centre has provided sports and leisure facilities to our local community since it first opened its doors in 1996. Every member of Team GSC is passionate about providing quality sporting and leisure facilities within the Garioch area. As a registered Scottish charity (SC047470), the GSC prides itself on offering something for everyone – whatever their age, stage of life or fitness level. From our fully equipped gym and extensive range of fitness classes to our jam-packed timetable of kids' activities, on-site creche and growing range of seniors' classes, the Garioch Sports Centre has an activity for everyone. Committed to promoting an active life within our community, the GSC is also home to local dance schools, sports clubs and community groups.

Contact: Kevin Bonarius **Tel:** 01467 626141

Email: info@gariochsports.co.uk

www.gariochsports.co.uk

GariochSports @gariochsports @gariochsports



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Since its inception in 2016, the Inverurie Youth Sports Foundation (IYSF) has been helping athletes, clubs and coaches achieve their sporting goals.

It is delighted to have delivered over £1 million of support towards local clubs, athletes and coaches. Many of the athletes it has supported have gone on to represent their country on the world stage, including the World and European Championships and the Commonwealth, Olympic and Paralympic Games.

Since the launch of the ACTIVE Fund in 2022, the IYSF has received overwhelming levels of requests for support. The Fund aims to eliminate financial barriers that prevent children from joining local sports clubs. If a child expresses an interest in joining a local club but cannot afford the associated costs, they can be referred to the IYSF. The costs will then be covered, allowing the child to participate in their chosen sport.

In addition to the ACTIVE Fund, the IYSF also runs the "Garioch Sports Kit for All" project, where it recycles and reuses donations of sports kit and distributes them within the local community. Some kit collected as part of this project will be available at Run Garioch, so please come and have a look.

As in previous years, the IYSF is also covering the entry and t-shirt costs of children keen to take part in this year's Run Garioch's CP&Co. Junior Run who might not have been able to otherwise.

“The IYSF Scholarship Programme allowed me to access the training I needed, this ultimately led to my Olympics qualification.”
Kirsty Muir, *Winter Olympics 2022*



For further information visit www.iysf.org.uk or contact Claire McDonald at iysfdrive@gmail.com



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