

IYSF to support Run Garioch for a third year

Run Garioch is delighted to announce that their partnership with the Inverurie Youth Sports Foundation (IYSF) to widen children's access to their events will be continuing for a third year.

The Inverurie-based foundation will cover the cost of both entry and an environmentally friendly event t-shirt for any children who would not otherwise be able to take part on race day (Sunday, 10 May 2026).

The initiative will extend to entries in both Run Garioch's CP&Co. Junior Run (for children aged four to 12) and the Mackie's 5K (ages 12+).

Claire McDonald, IYSF Development Manager, said: "IYSF are delighted to once again be working with Run Garioch to make sure there are no financial barriers stopping any child participating at Run Garioch. This is completely confidential so I urge anyone who would like to participate not to hesitate to get their supported entry in."

Christine Appel, Run Garioch's Event Manager, said, "We are so pleased that the IYSF will be supporting our efforts to keep Run Garioch affordable and accessible for another year.

"Paired with the changes we have made to the race ages and distances for next year, we hope even more children will be able to take part in our fantastic family event next May."

To let younger children join in the race-day fun, organisers have added a 'Mini Mile' (200m) for preschool children. They've also reduced the age limit to seven for the 'Garioch Mile' (1610m) (the previous 'Category 3') to give children aged seven, eight and nine more choice in the distance they run and make it easier for sports clubs and teams to run together.

Peter Young, Active Schools Lead Coordinator (Central Aberdeenshire), said, "We are so pleased that the IYSF is supporting Run Garioch and families in our community for another year. Active Schools will certainly play its part in spreading the word in our local schools to make sure every child who wants to can run."

Any parent/carer wishing to apply for an IYSF place should contact Run Garioch directly, and in confidence, on info@runggarioch.co.uk. Schools or parents/carers with any questions about the programme can also contact RGHQ on the same email address.

Entries to Run Garioch 2026 are now open on www.runggarioch.co.uk.