



## MARSHALLING INFORMATION

Event Control (T: 07754 197137)

Thank you for volunteering to marshal at Run Garioch on Sunday, 10 May 2026.

We have put together the following information to help you feel confident in supporting our event to run safely. We hope it answers any questions you might have, but if not, please reach out to our Volunteer Coordinator, **Katie Bonarius (T: 07909 117899)**.

### *What time are the races and when do they finish?*

	Start	Estimated Finish
Mackie's 5k	0915	1005
McWilliam Lippe Half-Marathon	1015	1315
Cala 10k	1030	1200

### *What does a marshal do?*

<b>A marshal's duties include:</b>	<b>They do not include:</b>
Ensuring the safety of everyone involved in Run Garioch: runners, volunteers, other marshals, event staff and themselves!	Putting themselves in danger or at risk at any time
Encouraging and supporting runners in their efforts	Providing medical treatment
Making sure runners stay on the correct routes and relaying any special instructions for that location (keeping on the pavement, keeping to the left or the right, etc).	Using 'discretion' to allow vehicles into areas covered by road closures. All requests for access must be put through to the Event Control and further instruction awaited.
Enabling access for emergency vehicles if required	'Opening up' roads or removing traffic barriers. Those tasks are solely the responsibility of Alba Traffic Management.
Detering cars from entering areas covered by our Council-approved road closures	Handing out water or sweets to runners
Reporting anything suspicious (packages, behaviour, etc.) or <b>that makes you feel uncomfortable or unsafe</b> to the Event Control	

Remaining at post until the agreed leaving time or informed otherwise by a race official	
Doing their best to tidy up their immediate area of obvious race-related litter	
Being fully attentive and present at all times to any hazards around them, particularly traffic	
Remembering that they are representing Run Garioch and the good reputation of the event while in post	

***What time do I need to be at the GSC on race day?***

All marshals must meet for the morning briefing unless otherwise arranged.

Please remember that access to the Garioch Sports Centre will be impacted by road closures at the time of the meeting. Full information about road closures, parking and accessing the Centre is available on <https://www.rungarioch.co.uk/events>

***What happens if I'm running late or can't make it on the day?***

Please contact the Volunteer Coordinator as soon as possible:

Katie Bonarius (T: 07909 117899)

You can also use the marshalling What's App group. Contact Katie Bonarius to be added.

***What will you give me to help me marshal?***

Hi-vis vest	To ensure you can be identified as a member of the event team
Lunch pack	To keep you fuelled for the day
Marshal point information	To detail your exact marshal location and highlight any information specific to your point. If you are unsure of your role, please clarify this with any members of the marshalling team on race day.
Goodie bag	To thank you for helping us and make your day more fun
Foil blanket ???	??

***What do I need to bring?***

A fully charged mobile phone and battery pack if needed	To make sure you can communicate with the Event Control throughout your shift.  Please put the Event Control telephone number into your phone.  Event Control (T: 07754 197137)
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Appropriate clothing for the day	To make sure you are comfortable even if the weather changes. Waterproof clothing, hats, gloves and scarves may be needed, even in May!
Appropriate footwear for the day	To help you stand comfortably all day. Choose boots, trainers or other supportive footwear if possible.
Additional food and drink (if desired)	To help you keep going all day! Lunch items are provided, but you may wish to bring your own flask, more water, food or snacks.

***What do I do if there is an emergency?***

Event Control, based at the GSC, will be operational from 0730. Event Control is composed of two phone controllers, a medic and a communications specialist from COTAG. They are the central point of communication for all event staff, volunteers and marshals and will co-ordinate responses/actions as required.

In the event of **ANY** emergency (a runner takes ill, a car breaches a road closure, motorists behave in an aggressive or dangerous manner, etc), please contact the Event Control immediately:

**Event Control (T: 07754 197137)**

When you call the number, clearly state your location and describe the issue as you understand it. **You should not use the marshalling What's App group for emergencies.** Please only use the What's App group for general event discussion and information on the day (i.e. to tell others when the last runner has passed your point).

***What happens if a runner informs me they want to pull out of the race?***

All runners are told to inform a marshal if they wish to withdraw from the event.

Please make a note of their bib number and contact the Event Control who will advise on the next steps depending on your location. It may be that the runner needs to stay with you at your marshal point until the sweeper bus (following the last slowest paced runner in that event) can collect them.

***What happens if a runner is injured?***

First aid cover is provided for the event by fully qualified professionals and will be located at the start/finish area and on route as required.

If a participant suffers a serious injury or requires urgent medical attention, use your mobile phone to contact the Event Control.

**Event Control (T: 07754 197137)**

Please give as much information as you can, including:

Exact location	Marshal number / What3Words / description of location/landmarks
Type of incident	What has happened, <b>as best as you can understand it</b>
Runner information	Bib number at a minimum, plus anything else they may tell you that is relevant and they are able to tell you

The Event Control will transfer this information to the first aid team. Remain with the runner and ensure their safety and comfort until they are collected.

***How do I deal with motorists who want to pass through a road closure?***

The vast majority of motorists respect and understand the reasons for our road closures. But there will always be a few that do not.

If a motorist approaches you demanding access, politely explain that the road closures are in place to protect all our runners and volunteers, and that they will be opened as soon as it is safe to do so. If they insist, politely ask them why they require access into the closed area.

Contact Event Control to see if access for this purpose can be permitted/organised by the Alba escort. In general, only access to deal with pre-planned or urgent medical/veterinary situations is permitted. **Only Alba traffic management can escort a vehicle into the closure.**

Every situation will be different, but you can use the following script as a guide when replying if you like:

*'Because our race routes are on narrow roads with no pavements it is difficult to pass runners safely without a professional escort. If you drive in now, you risk a collision with a runner. I need to call Event Control and ask how I can best assist you. I require you to wait safely while I do so.'*

If they become angry or confrontational, at any point, take note of their registration number and direction of travel. **Do not escalate the situation or put yourself in danger from the motorist or their vehicle. Take a step back and contact Event Control immediately for advice, remaining on the line with the Event Control team if needed.**

**It is the responsibility of the Event Control to find a solution to the problem (vehicle escort by Alba, provision of the exact time road will be reopened, a visit from the Police) not the marshal!**

**Event Control (T: 07754 197137)**

**Thank you for volunteering! An event of this size couldn't run without volunteers like you and your support is very much appreciated. We hope you enjoy your day.**

